



# Oxford Ballet School Summer

## Oxford Ballet School Summer 2012 Weekly Classes

**June 4-14 & July 30- August 9**

<b>Beginning Ballet</b> (ages 3-6)	Tuesday & Thursday	5:15-6:00	\$15 per class
<b>Intermediate Ballet</b> (ages 7-9)	Tuesday & Thursday	5:15-6:15	\$15 per class
<b>Int./Advanced Ballet</b> (ages 10+)	Tuesday & Thursday	4:15-5:15	\$15 per class
<b>Barre Workout</b> (adults 20-80)	Tuesday & Thursday	10:00-11:00 am	\$15 per class

**The Barre Workout** is based on foundational ballet terms. This workout uses the ballet barre to assist in balance and muscular opposition to tone key areas such as the arms, abdominals, hips and thighs and works on flexibility, balance, muscle toning, stamina and strength without the high stress on the joints. Perfect for all levels and ages. Wear yoga clothes and bring a mat.

**Contact** Genevieve Fortner at (662) 236-4255 or [oxfordballetdirector@gmail.com](mailto:oxfordballetdirector@gmail.com) to register for a class.

**Please Note:** All classes subject to cancellation if class has less than 3 students. So be sure to bring a friend!